

Magazine Feature Section

SEWING

TO a woman who does her own sewing a pattern bag is a necessary article. A simple but commodious one is made of a square of green denim, decorated with embroidery. There are two rows of pockets of the same material, and deep enough to conceal the patterns entirely. All edges and the tops of the pockets are bound with red tape, and brass rings are stitched on at the corners by which to hang it to the door or wall. Each pocket has the name of its contents on it in embroidery: skirts, shirtwaists, aprons and sleeves.

You are distinctly not "in it" these days unless your belongings are marked. Everything from wash cloth to gloves and parasol must carry your initials. One bride-to-be has her monogram worked on her dish towels. Often a special monogram is designed by an artist friend and adapted to everything that is to be marked. It is used in different sizes and is carried out in hand embroidery, either in white mercerized cotton or gilt thread, for table and household linen, lingerie, parasols, stockings, gloves, table covers and bureau scarfs.

Cross-stitch embroidery is always suitable for marking household linen and, where the linen is not of a weave the threads of which may be easily counted, a satisfactory way is to baste a piece of old-fashioned foundation canvas upon the section to be marked; then work your cross-stitch letters through the holes of the canvas, being careful not to stitch through the threads of the canvas. Draw your stitches moderately tight and, when the embroidery is finished, pull the canvas away thread by thread. This is simple enough work, but it must be done carefully so as not to pull the embroidery.

STUNTS FOR HALLOWEEN

Many Unique Tests of the Charms of This Celebrated Night.

BY EDNA EGAN.

FROM a festival once surrounded by elaborate ancient rites and sacred observances, Halloween has popularly come to mean a time when the small boy indulges in innumerable mad and merry pranks, from tying up the doorknob to bobbing for apples, and when bachelors and maids test all the magic rites and mystic symbols of this momentous night to discover what their fate will be.

It is the night when fairies dance, witches ride and ghosts walk, strange dreams foretell prosperity or adversity, and when lovers' dreams and divination are most potent. Even in this erudite and advanced twentieth century the same omens and tokens of the Halloween of yore are tested and the very up-to-date young college woman is quite ready with the rest to fling aside dignity and learning and play at all the familiar tricks and charms and feel again little primeval thrills of terror course up and down her back as the hour grows ghostly.

On Halloween, nuts and apples are, and have always been, popular means for telling fortunes. In early English

days nuts were used so much that the 31st of October was dubbed "Nut-crack night." Bobby Burns in his poem of Halloween tells how

The auld guid-wife well-hoordit nits
Are round and round divided,
And many lads' and lassies fates
Are there that night decided.
Some kinde, counthie, side by side,
And burn thegither trimly
Some start awa' wi' saucy pride,
And jump out ower the chimly,
Fu' high that night.

The charm referred to is one of the oldest of the spells, "tried and true," for testing the constancy of one's sweetheart. Two nuts are placed about three inches apart on the bars of the grate or on the stove, one being for the fair questioner, the other for her sweetheart. If his jump or crack, he is fickle, but if both nuts cuddle up to each other and burn brightly, side by side, the man and maid will marry and be happy ever after.

Sometimes three nuts are used, one representing the girl, the others two rival suitors. The nut which burns longer and more quickly betokens the more constant lover.

If you take a candle, go alone in a dark room at midnight and eat an apple before a looking-glass, the face of your future husband will appear over your shoulder and you can see his reflection in the glass. So they say.

Another way to get a view of your husband or wife-to-be is to go to bed on Halloween with a glass of water, in which a small sliver of wood has been placed, standing on your table by your bedside. In the night you will dream of falling from a bridge into a river, and of being rescued by your future husband, whom you will see as distinctly as though viewed with waking eyes.

Or, wet a shirt sleeve, hang it up to the fire to dry and lie in bed watching it till midnight when the apparition of your future life partner will come in and turn the sleeve.

An up-to-date Halloween test is to hang up ribbons representing the various colleges. The girls are blindfolded and each picks out a ribbon, the colors of which will indicate the alma mater of the husband-to-be. This trick could be carried out with cards painted in water colors with the various college colors or names.

Children born on Halloween are said to be able to see and converse with fairies, witches and other supernatural beings. Sir Walter Scott makes use of this idea in "The Monastery."

If on this evening you shake hands

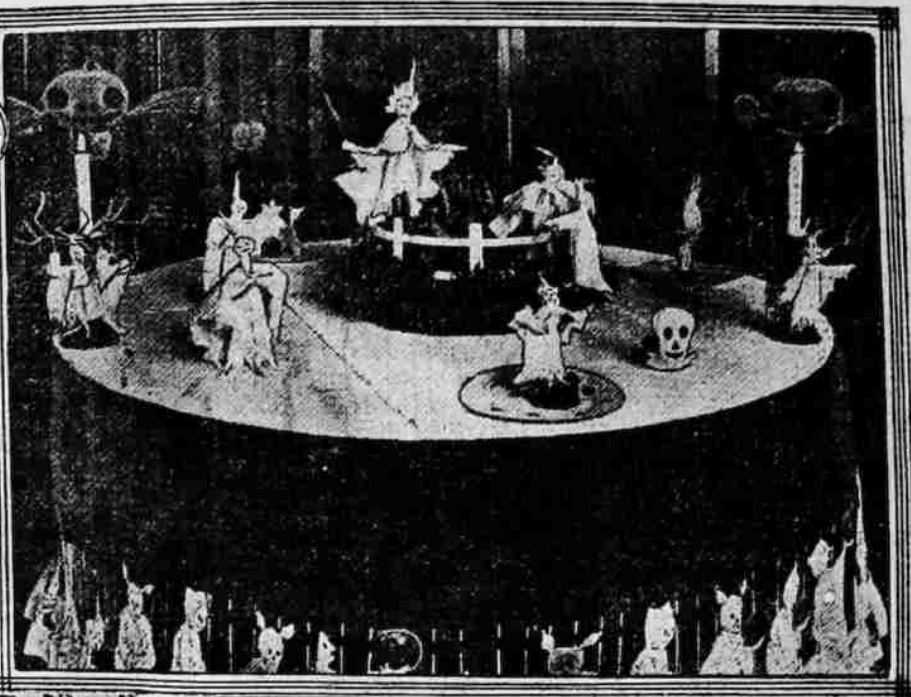
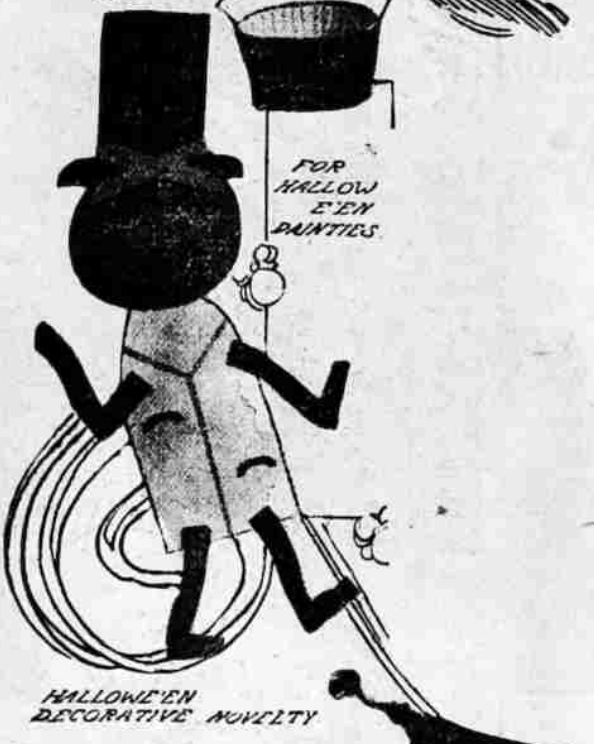
with a very blond man you will have a proposal—but not necessarily from the blond—before the bells shall have rung in the new year.

If your lover should, under the potency of the magic evening, propose marriage on this night, let him bind you at once by tying a blue ribbon upon your wedding ring finger that both he and you may be true. It might be well when dressing for the evening to see that you have somewhere about you the requisite bit of ribbon.

Just at midnight—and you must by no means retire before that magic hour on the 31st of October—listen for the sound of bells from the nearest church steeple (if there are none in your neighborhood you can't do this). Should you hear a full and distinct peal, begin on your trousseau; but if there be a dull and muffled sound, possess your soul in patience for another year.

By the way, have you a four-leaved clover? It doesn't matter if it be a

Suggestions for Celebrating the Night when Ghosts Walk



ODDS AND ENDS

WHEN you are frying in deep fat test the heat of the fat with an inch square piece of bread. When it browns in two minutes the fat is hot enough for uncooked food and when it browns in one minute it is hot enough for cooked food.

IF there is much sour cream on hand, put it in an egg beater and whip it into butter. Then pat it together, drain off the buttermilk and wash the butter in running, cold water until it is sweet and fresh. Salt to taste. This takes only ten or fifteen minutes and both saves the cream and results in a dainty pat of butter.

BETTER than chairs in the nursery are low, broad seats built in all around the wall of the room. The seat should be eight or nine inches high and from one to two feet broad, and may be put up by a carpenter at slight expense. The children may slide all along these and there will be less danger of bumped noses and bruised elbows from tipping over of the chairs. Little pillows with durable covers may be strewn about, for small, sleepy heads, or to make the seat less hard. Such a seat is best made of hardwood, if the floor is hardwood. If not, it should be made very smooth and var-

nished, so that there may be no danger of splinters.

IF you happen to have an old beaded bag that belonged to your grandmother, or her grandmother before that, you are particularly fortunate, for these bags are being revived once again. The quaint old-fashioned designs are the most desired ones—little figures, houses and trees, all worked out with elaborate care in very minute beads. Sometimes they have gold or silver frames, and if your old bag is in good condition, but has a poor top, you may have a new frame put on at no great cost. The hand bags are most fashionable, but the little coin purses and flat purses are popular. Old ones are shown in the antique shops, but one may procure new ones in more recent designs (mostly made abroad) for more moderate prices.

PRETTY rugs can be made from carpet rags by crocheting the rags, using a large bone crocheting hook. Crochet a chain of ten stitches, then single crochet round and round, widening where necessary as the rug grows larger. These rugs can be made as large as desired and are durable and inexpensive and make a much prettier rug than the ordinary worn rag carpet. Try this and see what a pretty, durable, and inexpensive rug you will have.

IRON the back of a shirt first, then the sleeves, next the collar and bosom; and then the front. In ironing a frock, first do the waist, then the sleeves, then the skirt. The skirt should remain rolled while the other parts are being ironed and a chair should be set to hold the sleeves while ironing the skirt. Iron calicoes on the right side; this helps to keep them clean longer. Silk should be ironed on the wrong side, quite damp, the iron only moderately hot as very hot iron is liable to change and fade light colors. To iron velvet, turn the face of the iron up, dampen the wrong side of the velvet and holding it straight, draw it over the face of the iron; lace and needlework should always be ironed on the wrong side.

CONTRARY to many anathemas hurled against coffee and tea drinking the Journal of the American Medical Association claims that it is the abuse, not the use, of these family drinks which causes them to be condemned, just as excess in any food or drink has bad results. The Journal says: "Very few cases of caffeine poisoning have been recorded and in view of the enormous use of the beverages recorded as containing it we must suppose that it is not a dangerous drug so far as the immediate peril of life is concerned, but minor toxic symptoms, including nervousness, cardiac irregularities, sleeplessness, lassitude, ill humor and headache are common. These usually call for no other treatment than the discontinuance of the beverage which is causing the trouble."

A WIFE needs a good temper, a cheerful disposition and a knowledge of how her husband should be treated. She needs a capability of looking on the right side of life and refusing to be worried by small things. She needs a secure grasp of such subjects as are of interest to men, and should not be above studying even politics in order to understand her husband speak of them. She needs a sympathetic nature, in order that, should sorrow fall upon them, she may be able to give comfort to her husband. She needs to understand something of sick-nursing. A wife with no notion of what to do in the case of illness is but a useless thing. She needs considerable tact and patience—the one to enable her to know when to remain silent and vice versa, and the other to put up with him when his temper is ruffled.

throw their shadows on floor and walls. As the people arrive they are given each a numbered crescent shaped souvenir bearing an appropriate quotation. Those holding the same number are partners in the game of "moon raking."



MOTHER'S SACRIFICES

BY LUCILLE DAUDET.

IHAVE a patient who is getting on my nerves," said the woman doctor. "She simply insists upon sacrificing herself for her family."

"Perhaps her family demands the sacrifice," commented the mater, "and maybe it's necessary."

"There you go, with your dear old-fashioned notions," gently chided the doctor.

"Now, do you think it is necessary for the best interests of the family for the mother to sacrifice her health, all her convenience and good times, upon the domestic altar? And do you think it is a strong character, capable of bringing up children and keeping a husband in the straight path, that will permit her family to demand the mother as a sacrifice?"

"But it's woman's mission to sacrifice herself upon the family altar—the Lord made her so," argued the mater.

"I refuse to concede that the Lord is entirely masculine," laughed the wom-

an doctor, "and that ideal of woman's mission had a purely masculine beginning and fostering. We must all sacrifice for others to some extent, but there is no more good reason why a mother should sacrifice herself entirely to her family, than a father."

"Some fathers do," said the mater. "This patient of whom I spoke is a shining example of a considerable percentage of women who revel in martyrdom. She has five children and a tyrodom. She has been married eighteen years and she told me with many sighs that in all those eighteen years she had not had a vacation."

"The truth is that her family needs a vacation from her just as much as she needs a vacation from the family. She thinks duty and love chain her to her home, not reflecting that duty and love are not chains, but ropes of flowers that are pleasant to weave in many lengths, lovely to contemplate, not irksome to wear and are as much a joy to others as they ought to be to one's self."



Moon Party For Halloween

BY ANNETTE ANGERT.

THOSE who are willing to go to some trouble in preparation for the function will find in a moon party something out of the ordinary.

For invitations use colored cards with silver or white moons (crescent or full) on them. Write on the cards the following or some other verse:

Dear friend, this greeting brings to you

An invitation hearty
To join with us on Halloween
A merry moonlight party.

Moons of every description are to be used in decorating—full, crescent, decreasing, half and gibbous. These may be made of silver or white paper. They may hang from ribbons or cords and may be festooned all about.

The receiving party may be composed of mythological characters associated with the moon.

The first of these may be the "moon maker" (Segende Nah), who caused

the moon to issue from a deep well so brilliant that the real moon was concealed by it. His dark, blue robe should be covered with bright red moons and he should carry a wand.

Another may represent "Phoebe" (the moon as the sister of the sun) arrayed in silver and white.

A third may be "Astarte" (the crescent moon), the moon with the crescent horns; and a fourth, "Ashtoreth" (the Phoenician goddess moon), sometimes called the "queen of heaven" (Jeremiah VII. 183).

"Selene" (the moon goddess), may be represented with wings on her shoulders and a scepter in her hands. "Cynthia" should be included as the moon in the open heaven who "hunts the clouds."

And from embattled clouds emerging slow

Cynthia came riding on her silver car.

The lighting of the room should simulate moonlight. Vines and branches should be so hung as to